

CHAPTER V

CONCLUSION AND SUGGESTIONS

A. Conclusion

Based on the findings presented in the research finding and the discussion in the previous chapter, some conclusion can be drawn. The level based on the result of questionnaire about showed the frequency of public speaking was in category low. Researcher found that low levels of anxiety can lead to a variety of outcomes, including the ability to overcome anxiety in conversation, can speak in public. Lots of conversation participation, not afraid to fail in starting a conversation, and finally being a speaker who dares to appear even though he still has anxiety in public speaking. The results presented are also supported by students' answers at the time of the interview. This study also revealed that anxiety does not always have a negative impact on students as stated in the findings, evaluations and negative comments from teachers it has become a reference to continue to improve their shortcomings.

B. Suggestions

1. For Students

The review of related students that were presented in this current study reported that the student who suffered from speaking anxiety that causes by participate in group discussions, relax when participating in group discussions engage in group discussions and more. This anxiety is, of course, caused by a lack of practice in improving skills in grammar and other techniques that support speaking practice. So the researcher hopes that students can practice to speak more often so that the anxiety they feel when speaking can be reduced in the future.

2. Teacher

The researcher hopes that the teacher can provide a lot of motivations such as give reward to students when the reach teacher's

target on
regarding the importance of practicing their speaking skills, because with the many motivations from the teacher, the researcher hopes that it would greatly impact the psychology of students, especially in the motivation to improve their ability in the field of speaking. The researcher also hopes that teachers would more often give assignments related to journals in order to train students in good speaking techniques.

3. Future Relevant Studies

Researchers hope that this research in the future can be useful for future researchers so that in the future they can create more effective methods in the teaching and learning process, especially in increasing confidence in students' speaking skills.