

## **CHAPTER V**

### **CONCLUSION AND SUGGESTIONS**

#### **A. Conclusion**

Based on the research findings, the researcher divided the conclusion into two main point related to the research questions.

##### **1. Factors that contribute to students' speaking anxiety in their research proposal seminar**

Based on the results of interviews, the researcher concluded that some factors that contributed to students speaking anxiety on their research proposal seminar were :

1. First, students was fair of failure.
2. The second was about conflicting emotion
3. The third was because speech anxiety factor
4. Fourth factor was fear of losing the thread of material
5. Condition of the presentation room.

##### **2. Students' Level Anxiety in Speaking on Their Research Proposal Seminar**

Research findings that 10 students were divided into 2 levels of anxiety, namely 8 students were at the medium level of anxiety and only 2 other students were at the high level of anxiety. The researcher found that from 10 students most students from the academic year 2017 of the English Study Program of IKIP PGRI Pontianak, were at a medium level of anxiety are majority, and students with high anxiety levels were in the minority. show that for Low Level of students' anxiety level are 0 student. Medium Level of students' anxiety level are 8 student, and for High Level of students' anxiety level are 2 student. It is indicate that most anxiety level of students in speaking at their research proposal seminar presentation are in medium level. It is

proved by the data in part 4 and the table showed that mostly students are in medium level.

## **B. Suggestions**

From the findings that were presented in chapter four, here are some suggestions that can be taken as consideration:

### 1. For the lecturers

The researcher hopes that lecturer can help the students to deal with anxiety. For example, lecturer can give motivation to the students if they looked anxious. Because, motivation from the lecturer can improve their confidence to speak in front of many people or when their presenting their proposal seminar. With good motivation will certainly make students comfortable when learning foreign languages. Motivation here can be in the form of praise or additional value in order to improve students' ability, especially in foreign language learning.

### 2. For the next researcher

By knowing the factor contributes to students' anxiety and their level of anxiety. The researcher hopes for the next researcher can find another factor contribute to students' anxiety and another strategy that students can use to deal with the anxiety. The researcher also recommends to the next researcher conduct interview with the lecturer, to add data from the point of view of the lecturer on factors that contribute to students' anxiety and their level of anxiety